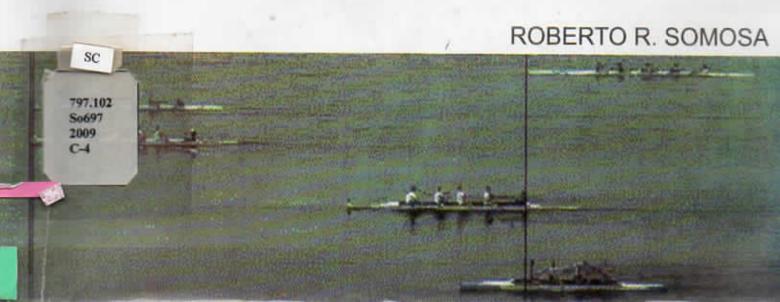
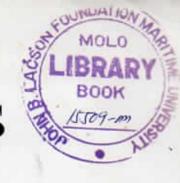


## COXED FOURS ROWING MANUAL



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By

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## Table of Contents

Pa	age
1. Introduction	1
2. General Objectives	2
3. Unit I: Rowing and What is all about	
Lesson 1: Nature and History of Rowing	3
Lesson II: Facilities and Equipment	6
Lesson III: Rowing Terms	9
4. Unit II: Crew Composition and Duties	14
Lesson IV: Crew Composition, Duties and	
	14
Lesson V: Steering	14
Lesson VI: Safety	16
5. Unit III: Rowing Stroke and Boat Commands	
Lesson VII: Boat Commands	18
Lesson VIII: Mechanics of Rowing	31
Lesson IX: Conditioning Exercises	36
6. Unit IV: Rhythmic Pool Drill	
Lesson X : Rower to Rower Coordination Drill	42
Lesson XI: Coxswain to Rower Coordination Drill	47
Lesson XII: Examples of Correct Delivery of Commands	51
7. Rhythmic Open Drills	57
Lesson XIII: Actual Rowing and Boat Maneuvering Drill	57
Lesson XIV: Scope of Activities and Flag Signals	59
8. Post Test	70